

THAN-PHONG INTERNATIONAL MARTIAL ARTS FEDERATION.

ADMISSION:

Any school that wishes to join and become a member of Than-Phong International Martial Arts Federation must:

- Complete an admission application.
- Follow the rules and regulations. Gradually convert to the Federation's training curriculum.
- Send to the Federation photocopies of all students' certificates and personal history of the Club's Director.

The President of the Federation will issue new certificates equivalent to the ones students and director has.

- The Federation will issue each Club a Than-Phong flag, logo, and patches.
- The Federation will issue uniforms to Director, Instructors and students with Than-Phong's logo to maintain uniformly with all schools that belong to the Federation.
- Any Club for any reason that wants to cease the operation must complete an application requesting to cease operation. The Club may apply to re-admit to the Federation when it operates again (If the Club has moved to a new location, the Director must notify the Federation of its new location. The time of stopping operation will not be counted).

EXPULSION:

Any member that acts against the Federation's Principals and Rules or does any harm to the Federation's reputation and operation will be expelled from the Federation.

The Federation's Principals and rules teach martial arts to train the Youth to respect their Grand Master and to do the right things. It's also the Federation's goal to train the Youth physically and mentally with bushido's spirits: Courtesy, Integrity, Perseverance, Self-control, and Indomitable Spirit - to become good citizens in society.

The students are taught to respect the elderly and help the younger. They're taught not to create the hatred and division among people, to not fight over things, but instead, to sacrifice to one another.

Always practice to improve the martial arts technique and to learn from each other.

The Black belt students should not practice at other Clubs (those not a part of the Than-Phong system). If students leave Than-Phong without a reasonable cause, they will be expelled from the Federation and will not be allowed to re-join. If students want to practice at other clubs due to hardship or personal matters such as: commuter's convenience, no Than-Phong club close to residence, etc... they must have permission from his/her Club's Director.

Do not use the name of Than-Phong to join Political Parties or Gang Organizations. Always abide by the laws.

TRAINING:

The training curriculum of Than-Phong Federation includes TaeKwon-Do's forms, weaponry, sparring, self-defense, inner-strength and martial arts medical. New Clubs should gradually follow and convert to the Federation's training curriculum. All Clubs will receive

monthly Newsletters and updated training materials. Similarly, all Clubs should also send materials and pictures of Club activities to the Federation to share with other members.

The federation will hold seminars for students, instructors, and directors upon request.

MEMBERSHIP ID CARD:

Upon request by the Club's Director, all students will be issued membership ID cards upon joining the Club and one Renewable Membership ID card (\$10 annual fee). The Club can withhold 50% and send 50% collected fees to the Federation to create its fund. The Membership ID has an effective date from Jan 01 (or from the date joined) to Dec 31 of the same calendar year.

All members can visit, exchange information or participate in training at any Club for a short period of time (while on vacation, during business trips, etc...) not to exceed one month without paying any fee.

INSURANCE FOR STUDENTS AND CLUBS:

All Clubs upon request can enroll in the Insurance Program under Than-Phong Federation.

CLUB'S INCOME AND TAX MATTER:

All Clubs should take care of its own State and Federal income tax filing with the IRS. The Federation has no responsibility on the Club's income tax matter.

UNIFORM AND BELT:

Everyone must wear a white V-neck TaeKwon-Do uniform, with the Federation's logo on the right and the Club insignia or WTF patch on the left side. The stripe of the Belt Ranks or Dan should be on the right hand side (The Federation's logo with right fist is the symbol for strength of bushido. The right side also means doing the right thing. Therefore, the Federation's logo and stripes of the Belt are on the right side to show you deserve the belt you're holding).

It's strongly recommended that all Clubs should use Black collar uniforms for all Black belts from First degree and above. The Federation's logo (flying side kick) should be imprinted on the back in the three colors (red, black, and gold). The red is for the Federation's name. The black is for the Image (flying kick) and the Fist. The gold is for both wings.

Second Kup Red belt students and higher should wear a Belt with embroidered wording (same as First degree black belts). The embroidery is to enhance the value of the rank. The outstanding students should wear the belt with an embroidered Gold star to recognize his/her outstanding performance.

The Kups and Belts of Than-Phong Federation system:

Kup 10	White Belt
Kup 9R	White belt 1 yellow stripe (or gold)
Kup 9D	White belt 2 yellow stripes (or gold)
Kup 8R	White belt 3 yellow stripes (or gold)
Kup 8D	Yellow Belt
Kup 7R	Yellow belt 1 green stripe
Kup 7D	Yellow belt 2 green stripes
Kup 6R	Yellow belt 3 green stripes
Kup 6D	Green Belt

Kup 5R	Green belt 1 blue stripe
Kup 5D	Green belt 2 blue stripes
Kup 4R	Green belt 3 blue stripes
Kup 4D	Blue Belt
Kup 3R	Blue belt 1 red stripe
Kup 3D	Blue belt 2 red stripes
Kup 2R	Blue belt 3 red stripes
Kup 2D	Red Belt
Kup 1R	Red belt 1 black stripes
Kup 1D	Red belt 2 black stripes
Embroidered Belt	Red belt with small black stripe in the middle, along the length 1 side written in English: “Than-Phong Taekwondo” and “Name” in 2 lines; other side in Korean: “Than-Phong Taekwondo” and “Integrity, Honor, Responsibility” in 2 lines

Poom Belt: Embroidered Black/Red (the belt is half black, half red) for age 14 and under

All Clubs can implement the following to strengthen the outlook of the uniform:

- On the left shoulder: Badge with gold embroidered text:

BLACK BELT CLUB	for	FIRST	DAN Black belt
ASSISTANT INSTRUCTOR	for	SECOND	DAN Black belt
INSTRUCTOR	for	THIRD	DAN Black belt
INSTRUCTOR	for	FOURTH	DAN Black belt
CHIEF INSTRUCTOR	for	FIFTH	DAN Black belt
MASTER	for	SIXTH, SEVENTH	DAN Black belt
GRAND MASTER	for	EIGHT, NINTH	DAN Black belt

All Red and Black belts must wear embroidered belts.

* THIRD DAN and ABOVE:

One side will be embroidered in English: THAN-PHONG INTERNATIONAL
MARTIAL ARTS FEDERATION and stripes of DAN and NAME.

The other side in Korean: 1st line: “Than-Phong International Taekwondo Federation”;
2nd line: “Integrity, Honor, Responsibility” in 2 lines.

To maintain uniformity, the Federation will supply Uniforms to all schools.

All Directors and Masters (6th Dan and above) should wear suit when coming to the Club or attending meetings. It’s recommended the suit is navy blue. The pocket of the shirt should have the flying wings and the fist embroidered.

(It’s also recommended that these logos should be imprinted or embroidered on the shirts). The shirts should only be worn by Instructors or Members representing Than-Phong Federation.

PROMOTION TEST:

There will be a Promotion Test every 3 months (or as scheduled by the Club). There will be a Black belt Test every six months (or as permitted by individual circumstances at each region).

Black belt Tests must be presided by the President of the Federation or a Representative of the Federation of the continent of country. The Club organizing the event must provide transportation and accommodation for the Judges.

The students passing the promotional test will be issued a certificate (if requested) and DAN Certificates. The club can issue certificates for color belt (Kup 10) up to Red belt (Kup 1). If the club wants the Certificates up to 1st Kup and Belts with stripe(s) to be issued by the Federation, there'll be \$10 fee for each certificate and \$7 for each belt plus stripe paint and shipping.

Black belt students wear embroidered belts to strengthen the outlook. The Federation will supply embroidered belts to all clubs to maintain uniformity. The price for each embroidered belt is \$20.

Students from White to Red belt must take the test every 3 months. Embroidered belts will take the black belt test after 6 months continuous practice.

THE REQUIREMENTS FOR BLACK BELT PROMOTIONAL TEST:

From 1st DAN to 2nd DAN: 1 year of practice and performed 50 hours as an assistant instructor.

1st Poom will require 1 year and a half of continuous practicing and 25 hours of assistant.

From 2nd DAN to 3rd DAN: 2 years of practice and performed 100 hours as an assistant instructor.

2nd Poom will require 2 years and a half of continuous practicing and 50 hours of assistant.

From 3rd DAN to 4th DAN: 3 years of practice and performed 150 hours as an instructor.

3rd Poom will require 4 years of continuous practicing and 100 hours of assistant.

From 4th DAN to 5th DAN: 4 years of practice and performed 200 hours as an instructor.

From 5th DAN to 6th DAN: 5 years of practice and performed 300 hours as an instructor.

Master 6th DAN to 7th DAN: 6 years of practice and currently a Director of a Than-Phong club.

Master 7th DAN to 8th DAN: 8 years of practice and currently a Director of a Than-Phong club.

For students who have participated in championship tournaments, won trophies and medals, have excellent attendance, involved and active in the club's activities or attended seminars will earn bonus points towards test score. They may also qualify to take the test before the required waiting time.

The Director of the club may be awarded the "HONORARY BLACK BELT and CERTIFICATE" if actively involve in Federation's Higher Management and have greatly contributed to the system.

SEMINAR:

Each Club can organize seminars for Black belts and students. The President or Representative of the Federation will directly conduct the Seminar. All participants will learn about TaeKwon-Do techniques, self-defense, weaponry, inner-strength, martial arts medical treatment, acupuncture... (according to belt level) and will be issued a Certificate upon Completion of Seminar from the Federation at the end of each seminar. All students taking Black belts promotional test must attend at least one seminar for each level.

CERTIFICATES OF ACHIEVEMENT AND DAN CERTIFICATES:

Prior to the testing event, all Club Directors must send or fax the list and test applications of all students being tested to the Federation. The clubs will receive promotional test results for all

students who take the test. Upon request, the Federation will issue each student a new belt and Certificate.

At least one month prior to each Black belt promotional test, all Club Directors must send the information (list and applications) of all students being tested to the Federation to provide enough time for the Federation to prepare new belts and uniforms with patches and logos imprinted. All colored belt students who pass the test will receive new belts and certificates from their own club unless requesting to get from the Federation. Those who pass the Black belt test will receive belts, uniforms, certificates, and Black belt ID cards.

The Black belt student who wishes to receive a Black belt certificate from the World TaeKwon-Do Federation must fill out an application for the Certificate from the WTF and pay the fee in advanced.

INSTRUCTOR'S ABILITY AND RESPONSIBILITIES:

To have good cooperation and obtain the best results from the training program, all Instructors should follow the Federation's training programs listed as follows: Wear clean and neat clothes when coming to the club. Keep appearance in good manner. On the events or parties sanctioned by the Federation, Instructors should wear suits or shirts with a tie or bow if not wearing uniforms. Check your uniform and appearance before teaching class.

Do not drink or use drugs before teaching class.

The persons holding highest Dan should start the class's session (Gathering all students and bow to Flags and Master). In order for all students to have a unique training program, do not train out of the Federation's curriculum.

Do not use higher programs for lower levels. They may lose their basic skill if they cannot follow the program. Do not train an individual or pay too much attention to any particular student. People may think you're favoring him/her.

Do not discriminate or favor any student when you're teaching the class. It's easy for people to judge you in this case. Treat all students equally. If any student needs extra help, you can teach him/her after class has ended.

There should be only one Head Instructor and few assistants for one training session. All assistants must follow the program the class is training. For example, the Head Instructor is teaching one-step sparring. There should be no reason for the assistants to teach other students forms or weaponry (Teaching weaponry on the time that is not designated for that class may cause a safety issue). You can only do so if the Head Instructor has asked you.

The Head Instructor may ask the assistants to teach an individual or a small group of students to make better progress.

Do not let students sit too long or take too long of a break.

The Head Instructor should start class on time.

Instructors, assistants, or students who are not wearing uniforms should not walk around or be in the gym. They should also not train or be trained.

The Instructor should remind all students to change into their uniform as soon as they arrive.

Remind them not to wait until class starts to change into their uniform. Whoever does not follow the rules will be punished by a number of push-ups based on their ranks.

The Senior Instructor should start the class. He/She then can designate assistants to conduct the warm-up session (Do not designate minor students). The Instructor should pay attention to the whole class and keep an eye on the surrounding vicinity. Take any action if necessary to prevent unprecedented things from happening.

The Instructor should remind all students to bow to the Master and Instructors.

The Black belt students should bow to each other according to Ranks. Lower Dan should bow to higher Dan (Students who are over 17 years of age do not have to bow to the Junior Black belts who are under 16 years of age).

On the belt promotion ceremony, only 1st degree Black belts who are 18 and older can exchange the new belts for newly promoted students. The Instructors should bear responsibility to keep the belt promotion ceremony in solemn manner. The Junior Black belts should not participate in the belt exchange.

The Black belt students should practice tying the belts of fellow students to become familiar with the process and improve the technique of tying a belt. Do not have illegal affairs with students of the opposite gender.

The Instructors should not drink, use drugs, or gamble nor participate or involve in such bad habits. Do not participate in any events that may hurt your personal reputation.

It's strictly prohibited to bring games to class. Trading and exchanging game cards are not allowed at the club.

Do not join any organization that may bring national security or cause public order problems.

Always practice to improve skills and techniques to become a role model Instructor.

NOTE: These rules may change to conform to the Federation's activities.