



THAN-PHONG TAEKWONDO INSTITUTE

22766 Cypresswood Dr., Spring, TX 77373; Phone: 281-443-1015; 713-240-6088
 Email: thanphongkingwood@yahoo.com, Website: www.thanphongtaekwondo.com

**Special One on One – Private – Introductory Lesson can be arranged by appointment at any time*

| AGE GROUP | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---|
| | 9:00 AM - 4PM OPEN | 9:00 AM - 4PM OPEN | 9:00 AM - 4PM OPEN | 9:00 AM - 4PM OPEN | 9:00 AM - 4PM OPEN | 10:00 AM - 12:00 PM ALL RANKS |
| CHILDREN | 4:30 PM - 6:00 PM After School TKD | 4:30 PM - 6:00 PM After School TKD | 4:30 PM - 6:00 PM After School TKD | 4:30 PM - 6:00 PM After School TKD | 4:30 PM - 6:00 PM After School TKD | SPECIAL CLASS (to be arranged) |
| CHILDREN | 6:00 PM - 7:30 PM ALL RANKS | 6:00 PM - 7:30 PM ALL RANKS | 6:00 PM - 7:30 PM ALL RANKS | 6:00 PM - 7:30 PM ALL RANKS | 6:00 PM - 7:30 PM SPARRING | |
| ADULTS | 7:30 PM - 9:00 PM ALL RANKS | 7:30 PM - 9:00 PM SPECIAL CLASS | 7:30 PM - 9:00 PM ALL RANKS | 7:30 PM - 9:00 PM SPECIAL CLASS | 7:30 PM - 9:00 PM SPARRING | 1:00PM - 4:00PM TOURNAMENT TRAINING |

Students are expected to:

1. Arrive no less than 5 minutes prior to scheduled class
2. Arrive in Uniform, sign-in the sign-in sheet
3. Always greet your Instructor upon arrival
4. Ask permission to bow in and join class if you are late
5. Remove all jewelry before class
6. Always show respect to your Instructor and Classmates
7. Students and any guests must be well mannered
8. Best effort and high spirit must always be shown
9. Help/assist your fellow Classmates to practice
10. Never “teach” your fellow Classmates without permission
11. Commit to attend Class on a regular basis
12. Assist your School/Instructor whenever/wherever you can